

Take Shape Nutritional Intervention for Disease and Weight Management

Gym and Fitness Center Proven Profits!

For Your Clients

Complete Nutritional Programs for:

- Weight-loss
- Type II Diabetes
- Lowering Cholesterol & Blood Pressure
- Joint Health
- Non-HRT Menopausal Relief •

Medically Proven Weight Management

- Safe, effective & time-tested (26 yrs.) •
- Clinically proven (Johns Hopkins)
- Recommended by over 15,000 doctors
- Physician-led, uses medical protocols
- Easy to follow, clients can safely lose 2-5 lbs. per week with no hunger
- No program fees.

Balanced Meal Replacement Foods Featuring Medifast®

Clients eat 6X/day and lose 15-30 lbs. • in their 1st month with great tasting food supplements like bars, soups, oatmeal, shakes, and more!

For more information and to reserve a complete on-line demonstration, contact.

For Your Business

Create a Substantial Profit Center

- Significant add-on income potential (5 figures monthly)
- NO inventory
- Low cost start-up
- Repeat income potential

Get a Competitive Advantage

- Personalized service not easily • duplicated by competition
- Increase your "value-add" to clients
- Build client loyalty
- Accommodate clients looking for nondrug therapies
- Promote long-term healthy lifestyle

Getting Started is Easy!

- Turn-key operation
- Personalized website
- Client management
- Minimal training of staff



Dominic lost 70 lbs in 4 1/2 months and has maintained his weight-loss for over 3 years